UNIVERSITY OF HAWAI'I CANCER CENTER

Saving Lives in Hawai'i and the Pacific

SUSAN C. HIRANO CANCER CARE COMMUNITY

COMMUNITY · AWARENESS · RESEARCH · EMOTIONAL WELL-BEING

CARING FOR CAREGIVERS

Join us for an **interactive workshop** designed to acknowledge and empower caregivers while building a supportive community. We'll learn about **caregiver research** done at the UH Cancer Center, share **self-care tips**, **practice ways to express and process emotions safely**, and facilitate **separate sessions** for caregivers and patients, survivors and thrivers to **foster open**, **supportive dialogue**.

Our **Cancer CARE Community** is here for you and your loved ones, offering heartfelt support and aloha. You'll receive guidance on the latest treatments, emotional well-being resources, practical assistance with navigating care and more.

SATURDAY, JANUARY 17, 2026 💙 9 - 11 A.M.

SULLIVAN CONFERENCE CENTER

at the University of Hawai'i Cancer Center
701 Ilalo Street, Honolulu, HI 96813

SPEAKERS:

"Research and Resources to Support Caregivers and Patients"
Kevin Cassel, DrPH, MPH
Associate Director
Community Outreach and Engagement
Associate Researcher
University of Hawai'i Cancer Center

"A Personal Caregiving Journey"
Peter Hirano
Husband of the Late Susan Hirano

"The Power of Helpful Thoughts"
Faryal Michaud, DO
Palliative Care Physician
The Queen's Medical Center
Certified Life and Wellness Coach

REGISTER BY FRIDAY, JANUARY 9, 2026

go.hawaii.edu/mvD

www.uhcancercenter.org
events@cc.hawaii.edu | (808) 564-5835

Supported by:

UNIVERSITY of HAWAI'I FOUNDATION